

## Dr Piyush Saxena

Dr Piyush Saxena was born in 1958 to Justice Krishna Narayan, a retired judge from High Court Allahabad and late Shanta Saxena. He is a man of many talents - corporate professional, naturopath, wellness counsellor, cleansing therapist, past life regression therapist, activist, avid traveller, thinker, poet, painter, writer, film director, producer, actor, magician and above all, a considerate human being.



**Dr Piyush Saxena with his parents**

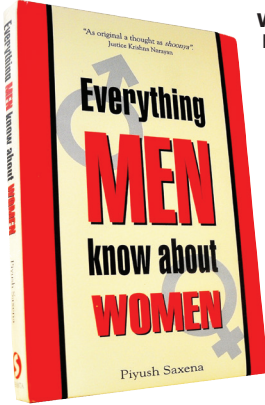
His wife, Shubha, is a teacher, and his son Prakhar has completed software engineering from USA (he also works there) and daughter, Priyanshi deals with curators, sales and acquisition of art works. Dr Saxena did BSc (Physics) and MA (Modern History) from Allahabad University. Later, he completed his PhD in Naturopathy from USA. His professional life started with Bank of India, where he worked from 1981 to 1995 in Uttar Pradesh. Thereafter, he joined Reliance Industries Limited, where he currently works as a Senior Vice President (Corporate Affairs) at Nariman Point, Mumbai.

Over the past 12 years, he has attempted to unlock the mysteries of nature and communicated the truth about them, and has published three books.

Book 1 - 'Everything Men Know About Women' (2005): It has been recognised for its unique conceptual understanding. It became a part of coffee table books in many homes.

## DECCAN HERALD

Bangalore, Monday, February 14, 2005



### When it comes to women, men draw a blank

For ages the fairer sex has been an enigma to men and unraveling the mystery called "woman" has been a quest that many have, mostly foolhardily, attempted. Or not.

Apparently, working on the premise that the universal male urge to figure out women could lead to a universal male urge to loosen purse strings, Piyush Saxena launched Everything Men Know About Women — a book of pristine white sheets with not a printed word.

Mr Saxena's book, which hit select outlets in the city a week before Valentine's Day and costs Rs 295, has evoked a mixed response from Bangaloreans. Some have panned it, calling the "book" a sly businessman's attempt to make a fast buck, whereas others have embraced the publication and loved the unique concept. Many are merely amused by the cheekiness of the enterprising author. Incidentally, Mr Saxena handles corporate affairs at Reliance Industries in Mumbai. Rajan Das, General Manager of Crosswords book store, says his colleagues are closely watching customers

who may be potential purchasers so that they can be warned about the

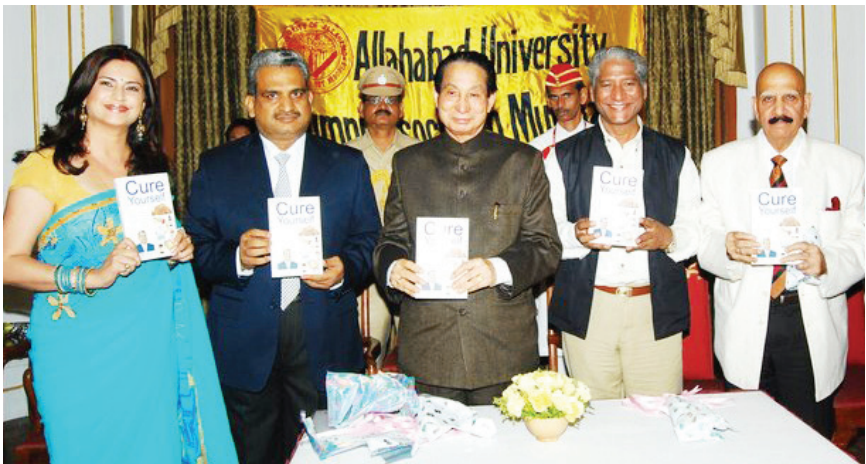
"contents or the lack of it".

However, Ms Madhubala, floor manager at the store, said two of her clients who purchased the book felt it was a perfect Valentine's Day gift. Shilpi Rathnakumar, a writer in her mid twenties, said it was a fantastic idea to bring out such a book.

"It gives us (women) the freedom to pen down our thoughts on our perception of what women are like. What more could we ask for?" she said.

**The book and its review as published in the Deccan Herald, Bangalore.**

Book 2 - 'Cure Yourself' (2008): The book is based on the Cleansing Therapy promoted by Dr Saxena.



**Dr Saxena with His Excellency S C Jamir (Centre), Governor of Maharashtra, Actors Kunickaa Sadanand and Rajendra Gupta and Industrialist Mohd Zakauallah, during the release of 'Cure Yourself' at Raj Bhavan, Mumbai**



**Dr Saxena delivering a lecture at RBI Central Office, Mumbai**

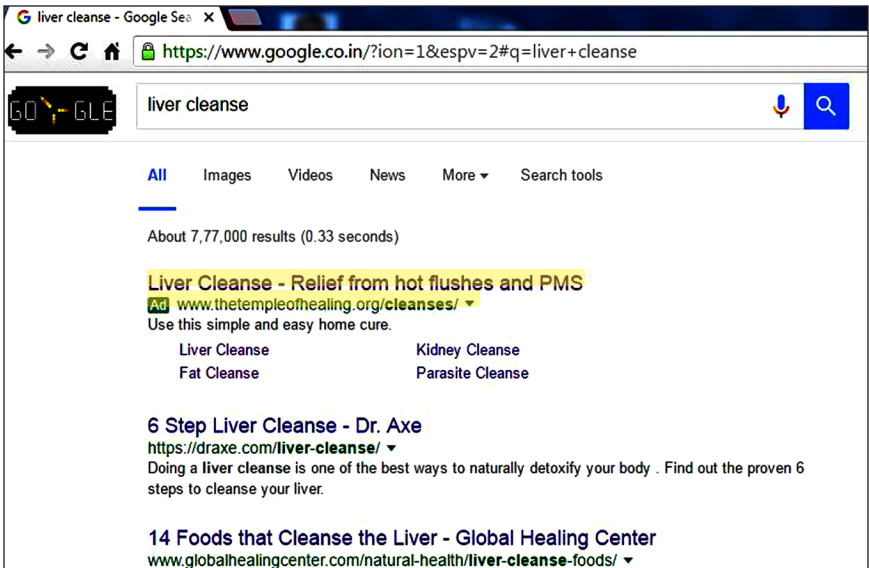
'Cleansing Therapy - Cure Yourself', second edition (2016) – In this edition, he has added Fat, Colon, Mouth, PCOS, Uterus and Fertility, Fallopian tube and Vagina Cleanses. On his website, you can find 28 cleanses that cover all the major systems of our body.

His articles on health, wellness and social issues have been featured in various well known Indian publications, such as Health & Nutrition, Dainik Bhaskar, Rajasthan Patrika, Women's Era, Navbharat, etc.. He has also appeared on numerous radio and TV programs. He frequently delivers lectures on Cleansing Therapy to promote wellbeing of the general public throughout India.

He is also the Founder Secretary of Temple of Healing (TOH), founded to promote Cleansing Therapy and wellbeing of human kind.



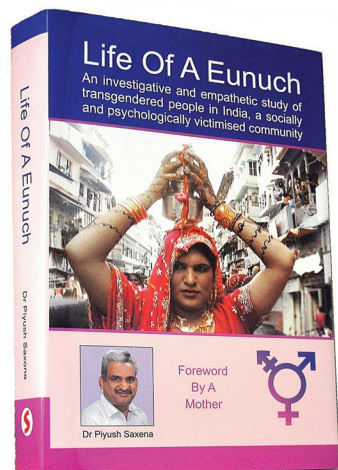
**Delivering a lecture at NACEN, Vadodara**



Screen shot of google search showing our website prominently

His trust, Temple of Healing, is a recipient of a Google Ad Grants award of 10,000 USD per month. The Google Ad Grants program supports registered nonprofit organisations that share Google's philosophy of community service to help the world in areas such as science and technology, education, global public health, the environment, youth advocacy and the arts. As a result, the website appears among the top results on Google search.

Book 3 - 'Life Of A Eunuch' (2011): It is a 540+ pages book that covers various aspects of eunuchs secretive lives, such as their history, lifestyle, festivals and celebrations, living with gurus, means of livelihood, prostitution, crime, trade of eunuchs, private gatherings, death rituals and gender identity. The book also explores subjects, such as ambiguous genitalia, sex change surgeries and castration, in both text and photographic representations.





Responding to media after the release of his film  
“... Aur Neha Nahin Bik Payee”

He has made a documentary film *...Aur Neha Nahin Bik Payee*, highlighting the tradition of bonded labour in eunuch community, their rituals, traditions and other aspects.

Dr Saxena is also the Founder Chairperson of **Salvation of Oppressed Eunuchs (SOOE)**, an NGO working for the cause of eunuchs and helping to integrate them into mainstream society. His trust SOOE is also a recipient of a Google Ad Grants award of 10,000 USD per month, as a result the site appears frequently on top in google search result.

Google Eunuch

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**True Story of Eunuchs - Read their real life stories - sooe.org.in**  
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**eunuch**  
/'ju:nək/  
noun  
a man who has been castrated, especially (in the past) one employed to guard the women's living



**Dr Saxena with members of the eunuch community**

He has also filed a PIL (No. 01/12) in the High Court, Bombay which led to the following benefits to eunuchs:

- The subject of eunuchs was assigned to the Ministry of Social Justice & Empowerment (MoSJE).
- Lenient issuance of voter cards to eunuchs.
- Notification of Sex Re-assignment Surgery in Govt. hospitals by the Union Ministry of Health.
- A notification from the MoSJE seeking complaints from chela eunuchs against exploitation by Gurus, a step towards abolition of the century old *leti* tradition (a form of bonded labour). He has given an hour's presentation to Parliamentary Committee for MoSJE on 5th Nov 2016.

His talks have also appeared on Tata Sky, Doordarshan National and many other TV channels.

Dr Saxena has a Master's degree in Reiki. He has also delved into PLR through hypnosis, and uses it to help people cure chronic problems related to health, fears, phobias or relationships. He has done more than 250 PLR sessions so far and all of his clients have reported considerable improvements. He has a long list of inquisitive patients, who often consult him about their problems as well as that of their family and friends.



**Real to reel: with Aruna Irani and Manoj Tiwari in a movie**

An independent and progressive film director, he has also performed in many TV serials, movies and dramas. He has performed in Ramleela and also recited poems at Kavi-Sammelan.

He enjoys the company of children and performs magic shows at birthday parties and schools/colleges, and also for mature audiences,



**Performing as Parasuram in Ramleela in Mumbai**



**Reciting a poem in a Kavi-Sammelan**

providing relief and entertainment to them from their monotonous routines. Dr Saxena does not charge any fee for any of the above activities. He does them purely for his own pleasure.

He is a teetotalter, non-vegetarian, fond of eating, enjoys cooking and specialises in north Indian delicacies.



**Performing a magic show at Modern School, Lucknow**



Dr Saxena is fond of travelling. He believes that travelling is a part of education.

He has travelled to all continents. He has visited USA, UK, Russia, France, Germany, Switzerland, Italy, Japan, Egypt, Australia, Belgium, Brazil, Argentina, Chile, Uruguay, Falkland Islands, Netherland, Hong Kong, Singapore, Thailand, Malaysia, Dubai, China, South Africa, Botswana, Kenya, Tanzania, Sri Lanka and North Korea (DPRK).



**Seeking the blessings of His Excellency,  
Late Dr A P J Abdul Kalam**



**Enjoying the serenity at Mount Kailash**



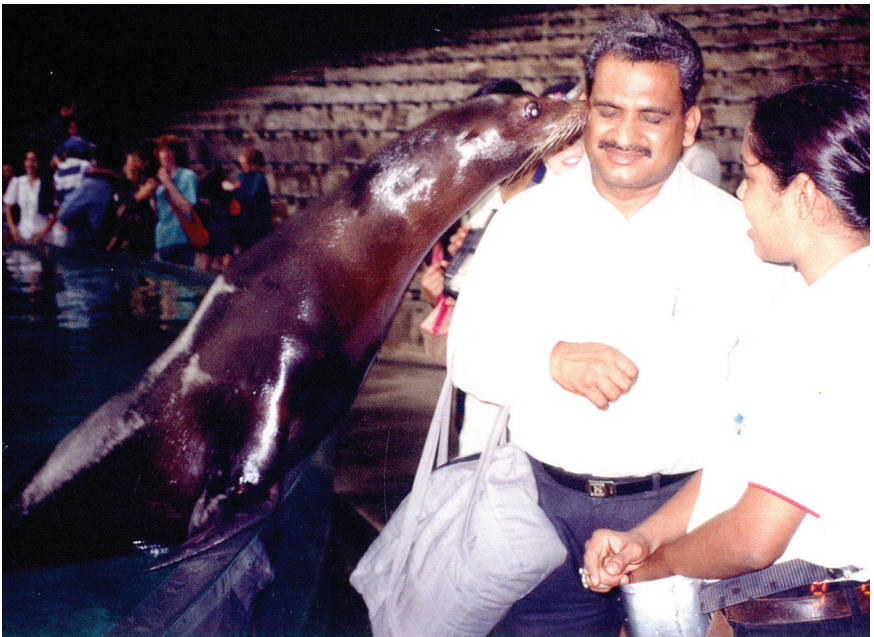
**Dancing with Japanese children to an Indian tune in Tokyo**



**En route to Antarctica**



**Playing with a Cheetah in Botswana**



**A seal greets Dr Saxena in Australia**



**At the Wagah border in Pakistan**



**Free fall while skydiving in San Francisco, USA**



**At Yuri Gagarin Cosmonaut Training Center, Moscow**



**At Kumsusan Palace of the Sun in Pyongyang, North Korea**



**Entertaining as Santa Claus at a Christmas party for children**

He had won Chess (1977) and Bridge (1978) tournaments in Amaranatha Jha hostel in his university days in Allahabad. He also won Runner's Up in the open category of Men's Squash Championship at Reliance Industries Limited in 2012. He is fond of adventure sports, such as sky diving, paragliding, white water rafting, trekking and hiking.



**Daily morning session of Squash**

All his articles, videos and books are available for free on his websites, [drpiyushsaxena.com](http://drpiyushsaxena.com) or [thetempleofhealing.org](http://thetempleofhealing.org).

Dr Piyush Saxena has also had an opportunity to speak at JioTalks.